

**Barbados  
Hash House  
Harriers**

**Hash Mistress's  
Mischief**

Volume 1, Special  
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**Mismanagement Committee**

Hash Mistress	Francie "China Brush"
Asst. HM/Hash Cash	Damian "Dr. Dish"
On Sex	Tracy / Michelle
RA/Asst. RA	Mark / Ian "Haggis"
Hash Woodman	David "Fry De Ass"
Haberdasher	Avril H.
Booze Master	Chris T. "Puddin' & Souse"
Hash Geek	Chris "If I May"
Hash Horns	Rene "Weenie"/ Nigel

**Barbados Events**

**• Editorial Staff:**

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Please sign up for Hash notifications on the website (<http://www.barbadoshash.com> (Yahoo Group))

Look out for Friday night limes, game nights, movie nights

**Kadooment Lime** on Monday 7th August—see Mike "Baron Tongus" for details. 234-7014

**MOBH3 Run # 60**—Wednesday 9th August @ 7pm. Hares: Cat, Dani and Ian "Haggis"  
Location: TBA

**Hash Treasure Hunt** on Sunday 13th August —see Ian "Megabytes" for details. We need the driver names asap.

**Hash Sleepover: at "High Winds" in Cattlewash—September 16-17—details to follow**

Thanks to Tracy for organizing the movie night last Friday.

**Let's give something back to the hash!** Volunteer to write a trash, hare a run, assist at the bar, take home coolers, etc. See any committee member.

## Caribbean Events

**November 2006** - Marabana Marathon and Half-Marathon, Havana, Cuba. [www.cuba1tours.com](http://www.cuba1tours.com)

UWI/SPEC International Half-Marathon, St Augustine, Trinidad [www.sta.uwi.edu/spec/marathon/index.asp](http://www.sta.uwi.edu/spec/marathon/index.asp)

**December 2006**—Reggae Marathon and Half-Marathon, Negril, Jamaica [www.reggaemarathon.com](http://www.reggaemarathon.com)  
Run Barbados Marathon and Half-Marathon [www.runbarbados.org](http://www.runbarbados.org)

Cingular Cayman Islands Marathon, Half-Marathon, and Relay, George Town, Grand Cayman [www.caymanislandsmarathon.com](http://www.caymanislandsmarathon.com)

**POSHHH Tobago—Sept. 22-25**  
**Airfare (Caribbean Star) is \$323.50**  
**Bds pp. while available.**

**Tobago package is \$320 Bds pp (incl. accommodation, some food, drink, transport)**

**Apartments sleep 4**

**See Francie if interested**

## Hash Trash (Run 1199) - Scribe—Alex C.

**VENUE: Bawdens, St. Andres**

**DATE: 22nd July 2006**

**HARES: Chris "Tall Man"**

I've been in Barbados now for three months and anyone who has ever moved to a foreign land will know that acclimatisation can be a challenging journey. So when Vaughn invited me to join him and a group of 'athletes' to don my running shoes in a hunt for piles of flour dotted around the hills and fields of my new homeland, I was in two minds. On the one hand, what a great opportunity to see parts of the island not yet explored! Furthermore, a chance to possibly meet a few interesting characters while shedding the couple of excess pounds that I've managed to pick up since acquiring a taste for the culinary delights that Barbados has to offer – in particular, souse and Banks beer.

But the thought of competing against some of Barbados' top 'athletes' left me feeling a little intimidated, so I made my excuses and the invitation was forgotten.

Until Vaughn asked me a second time. And a third time. And a fourth time.....and so on. I was now starting to run out of excuses. My dodgy knee had healed up. My Saturday afternoons had become free. And Vaughn managed to convince me that there was NO competitiveness between the hashers, it being 'all in the name of fun', he said. So "On on!" went the cry last Saturday and that was me, a convert. Hashing is great, well beyond my expectations.

...what a great opportunity to see parts of the island not yet explored!

## Welcome Virgins

Run 1198—

Amanda Alleyne

Mandy Trotter

Gareth Williams

Emily Merrick

Run 1199—

Ryan Wills

Christa Penco

Debbie Atwell

Rona Ward

Betty Bovell

Sebastian Biase

Alex Corcoran

Silverton Alleyne

Samantha Williamson

Frasier Young

## Awards

Linda "Two Screws" 300