



# JUNE 2017 POSHHH AWAY HASH & 4 DAY TREK TO KAIETEUR FALLS

POSHHH AWAY  
HASH - WEDNESDAY  
14 - MONDAY 19  
JUNE

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4 DAY TREK TO  
KAIETEUR FALLS –  
TUESDAY 20 –  
FRIDAY 23 JUNE

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SUMMER COVE  
LIMITED

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<http://hashcruise2017.simple.com>

June 2017



Hello Hashers,

In 2017, the Port of Spain Hash House Harriers will be returning to Guyana. It will be 18 years since Darin Marshall, Hash Master in 1999 last led an overseas expedition to this country. Guyana boasts a unique combination of fascinating and breathtaking natural beauty; pristine Amazonian rainforests; immense waterfalls;, amazing wildlife; blended with a vibrant indigenous culture, rich heritage and some of the most hospitable and friendly people in the world. Here is your chance to return or experience for the first time all that Guyana has to offer.

**When:** Wednesday 14<sup>th</sup> to Monday 19<sup>th</sup> June 2017

**Where:** King's Plaza Hotel, 45 Main Street, Georgetown, Guyana

**Hash Itinerary:**

Date	Time	Event Details
Thursday 15 <sup>th</sup> June ( <i>Corpus Christi Public Holiday</i> )	5:15pm	Pub Crawl
Friday 16 <sup>th</sup> June	9:00am	Hash Run #957 - Highway Meeting by BHC
Saturday 17 <sup>th</sup> June	9:00am	Hash Run #958 - Berbice Meeting by BHC
Sunday 18 <sup>th</sup> June	7:00am	Essequibo River Tour and Hash Run #959 Meeting by BHC
Monday 19 <sup>th</sup> June ( <i>Labour Day Public Holiday</i> )		Possible early city run
		Depart Hotel for Airport

**Package Options are inclusive of the following items:**

- Hotel Accommodation
- Drinks at the Hotel (Alcoholic and Non-Alcoholic)
- Breakfast at the Hotel
- Transfers to and from Airport to Hotel and Hotel to and from Runs
- Lunch and drinks at the runs. Lunches come standard meat, fish and veggie. Any other special considerations will need to be communicated to either the HM or a committee member.

**Package Cost (without airfare) US\$ per person**

	Single	Single for 2	Double for 2	Double for 4
5 Nights	\$420.00	\$320.00	\$420.00	\$320.00
4 Nights	\$355.00	\$300.00	\$340.00	\$300.00
3 Nights	\$315.00	\$255.00	\$315.00	\$255.00

**Important Note Regarding Accommodation:** Single rooms ONLY have ONE bed and double rooms ONLY have TWO beds. Quadruple accommodation will ONLY be done at your request. The same goes for two people sharing a single room

Airport Tax in Guyana is \$4000GYD or \$20US. This is not included in the package costs. This is an individual cost that everyone must cater for. You are in charge of your airfare, BUT you must communicate with POSHHH when you are arriving so we can organize pickup. It is best that you try to arrive in bigger groups as it will make transfers to and from the airport easier. You can email any comments or questions to reed@harpteck.com.

All figures are in US dollars.

This is a trip not to be missed; looking forward to your early bookings and deposits. **Down payment is US\$100. Remittance to China Brush (Francie). Deadline for down payments is March 31<sup>st</sup> 2017.**

**Committee members are: Liz Massy, Bjorn Stodart, Sjaelan Evans, Kemba Marcano, Reina Prudent, Salma Khan, Marita Guevara, Roger Montoute, Oril Ramsingh, Lorin Paton, Devon Rogers and Reed Harper**

**LIAT AIRFARE quote as of 2017-01-11 is \$205.90 USD return per person**

On-On to Guyana 2017

Contact: Francie (China Brush)

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## **4 Day Trek to Kaieteur Falls**

### **Itinerary**

#### **Day 1: First Leg to Kaieteur- GEORGETOWN TO AMATUK**

You will be picked up early from your hotel this morning for your journey to the gold mining town of Madhia, passing through Linden, another mining town and then continue along a dusty road to Mabura Hills and Konawaruk and on to Pamela landing where you will join a boat for your onward and onward to Amatuk where you camp in hammocks for the night. (Meals: cold breakfast, lunch and dinner) 8 hour bus trip. Can accommodate 12-15 persons per bus.

#### **Overnight in camps/hammocks**

#### **Day 2: Second leg- BOAT FROM AMATUK TO WARATUK AND BOAT TO TUKEIT**

Early departure by boat for a trip upstream just above Waratuk Falls at a point where you will disembark. Walk for 3 hours until you arrive at Tukeit. Venture into thick forests and cross uncharted and waterfalls. Stop at most beautiful gushing waterfalls for a much needed dip and cool off with your picnic meals just waiting for you. (Meals: breakfast, lunch and dinner)

#### **Overnight at jungle camps with hammocks**

#### **Day 3: Third leg- CLIMB UP TO KAIETEUR FALLS**

From Tukeit climb to the top of Kaieteur Falls, a four-hour hike which winds through the mountains and streams to the final stage known as "Oh My God" because of its steep ascent. On reaching the top all is forgotten as you catch your first glimpse of the mighty Kaieteur Falls. At dusk clouds of thousands of swifts gather before plunging into the water of the falls to their rocky nesting sites behind the wall of water. (Meals: breakfast, lunch, dinner)

#### **Overnight at Kaieteur Guest House or surrounding areas**

#### **Day 4: Finally- RETURN TO GEORGETOWN (FLY OR DRIVE)**

Early morning mist gives way to a memorable view of the falls from Johnson View. See the golden frogs which live in giant tank bromeliads. You may also be lucky to spot the cock of the rock in nearby bushes or along the trails in the park. In the afternoon fly back to Georgetown by plane (Meals: breakfast, lunch)

**Price: US \$465 USD per person (\$100 nonrefundable deposit due by 31 March 2017)**

## **Departures**

**We offer this trip all year long.**

**Price Includes:** Accommodation, internal flights, transfers between airports and hotels, listed hotels and hotel taxes, activities as described and admission charges where applicable, river and land transfers, listed, lodges with full board and other meals as indicated, local guides, local beverages.

**Price Excludes:** International airfare, airport departure taxes, gratuities, optional excursions, travel insurance.

### **We provide:**

- Hammocks (if you prefer sleeping bags and your own tents, please bring them along; however, they should be light weight as we only provide 1 porter and a guide)
- Mosquito nets for hammocks
- Camping equipment (Tarp which will be erected at stop where necessary)
- Local bush cooked meals (may include dried meat and canned foods while on tour and fresh foods at Kaieteur Falls, depending on supplies and time)
- Water, flash lights

### **Items you should bring:**

- Broad rim or peaked sun hat
- Large handkerchief to protect back of neck from sun
- Lightweight, quick dry, light coloured long pants and shirts to minimize mosquito bites at night and sunburn in the day
- Lightweight socks that dry quickly
- Shorts, bathing suit, T-shirts (ideally light colour and cotton)
- Slippers or sandals for easy on and off around camp or when boots are drying out
- Appropriate boots for hiking
- Poncho
- Sunscreen and chap stick
- Insect repellent
- Medications for specific personal conditions (allergic reactions, heart conditions, digestive disturbances, malaria prevention, etc.)
- Calamine lotion or sunburn cream
- Sunglasses (ideally with carrying straps)
- Small personal first aid kit (aspirins, small bandages, rubbing alcohol, antibiotic cream, diarrhoea medication, gauze pads and rolls of tape, insect cream)
- Plastic water bottle
- Backpack
- Labelled plastic bags and tie downs to protect everything against dirt, rain, submersion
- Small flashlight and extra batteries (indispensable if you have to get out of the hammock at night)
- Camera, lenses, films, memory card
- Copy biographic page of passport if for any reason you do not want to take your passport with you



# Dagron Tours

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## **4 Day Trek to Kaieteur Falls with shuttle by plane to Kaieteur Falls Itinerary**

### **Day 1: First Leg to Kaieteur- GEORGETOWN TO AMATUK**

You will be picked up early from your hotel this morning for your journey to the gold mining town of Madhia, passing through Linden, another mining town and then continue along a dusty road to Mabura Hills and Konawaruk and on to Pamela landing where you will join a boat for your onward and onward to Amatuk where you camp in hammocks for the night. (Meals: cold breakfast, lunch and dinner) 8 hour bus trip. Can accommodate 12-15 persons per bus.

### **Overnight in camps/hammocks**

### **Day 2: Second leg- BOAT FROM AMATUK TO WARATUK AND BOAT TO TUKEIT**

Early departure by boat for a trip upstream just above Waratuk falls at a point where you will disembark. Walk for 3 hours until you arrive at Tukeit. Venture into thick forests and cross uncharted and waterfalls. Stop at most beautiful gushing waterfalls for a much needed dip and cool off with your picnic meals just waiting for you. (Meals: Breakfast, lunch and dinner)  
Alternate boat from Waratuk Falls to Tukiet (1 hour)

### **Overnight at jungle camps with hammocks**

### **Day 3: Third leg- BOAT TO PAMELA LANDING/BUS TO MAHDIA / FLY TO KAIETEUR FALLS**

After a hearty breakfast you will join the boat to Amatuk and another to Pamela Landing. From there we will join a bus to Mahdia. Join a **PLANE** and fly to Kaieteur Falls. At dusk clouds of thousands of swifts gather before plunging into the water of the falls to their rocky nesting sites behind the wall of water. Overnight at Kaieteur Guest House or surrounding area. (Meals: breakfast, lunch, dinner)

### **Overnight at Kaieteur Guest House or surrounding areas**

### **Day 4: Finally- RETURN TO GEORGETOWN**

Early morning mist gives way to a memorable view of the falls from Johnson View. See the golden frogs which live in giant tank bromeliads. You may also be lucky to spot the cock of the rock in nearby bushes or along the trails in the park. In the afternoon fly back to Georgetown by plane (Meals: breakfast, lunch)

**Price: US \$535 USD per person (\$100 USD nonrefundable deposit due 31 March 2017)**

**Departures: We offer this trip all year long.**

**Price Includes: Accommodation, internal flights, transfers between airports and hotels, listed hotels and hotel taxes, activities as described and admission charges where applicable, river and land transfers, listed, lodges with full board and other meals as indicated, local guides, local beverages.**

**Price Excludes: International airfare, airport departure taxes, gratuities, optional excursions, travel insurance.**

**We provide:**

- Hammocks (if you prefer sleeping bags and your own tents, please bring them along; however, they should be light weight as we only provide 1 porter and a guide)
- Mosquito nets for hammocks
- Camping equipment (Tarp which will be erected at stop where necessary)
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- Calamine lotion or sunburn cream
- Sunglasses (ideally with carrying straps)
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- Small flashlight and extra batteries (indispensable if you have to get out of the hammock at night)
- Camera, lenses, films, memory card
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